

Rancho Family YMCA
Open Swim Times

June 16th - July 31st, 2008

Main Pool

Activity Pool

Monday	1:00 – 3:15 pm 7:00 – 9:00 pm	10:00 am -12:00 pm 2:00 pm - 6:00 pm
Tuesday	1:00 – 3:15 pm 7:00 – 9:00 pm (<i>Family Swim*</i>)	10:00 am -12:00 pm 2:00 pm - 6:00 pm
Wednesday	1:00 – 3:15 pm 7:00 – 9:00 pm	10:00 am -12:00 pm 2:00 pm - 6:00 pm
Thursday	1:00 – 3:15 pm 7:00 – 9:00 pm (<i>Family Swim*</i>)	10:00 am -12:00 pm 2:00 pm - 6:00 pm
Friday	1:00 – 5:00 pm 5:00-7:00 pm (<i>Family Swim*</i>) 7:00-8:45 pm (<i>Member Only Family Swim*</i>)	10:00 am -12:00 pm 2:00 pm - 6:00 pm
Saturday	1:15 pm – 6:00 pm	12:00 pm – 1:00 pm (members only) 1:00 pm - 5:00 pm
Sunday	12:00 pm – 4:45 pm	12:00 pm - 1:00 pm (members only) 1:00 pm – 4:45pm

Pool Rules

All People Entering the YMCA Must be Members or pay the Daily Use Fee

- **You must be 48" tall to ride the slide.**
- No running on the pool deck.
- No gum, food, drinks or band aids in the pool.
- Kickboards, dumbbells and YMCA pool toys are for swim lessons/lap swimming/aerobics only.
- No swim noodles or balls allowed (exceptions will be for therapy reasons *only* at lifeguards' discretion).
- No glass containers will be allowed in the pool area.
- **Only Coast Guard approved floatation devices will be allowed.**
- Diving will only be allowed from the deck in a depth of 9 feet or over.
- No pushing or horseplay of any kind will be allowed.
- Respect the facility's property.
- Children under the age of 8 years are not allowed in the spa. Children 8-14 years must be accompanied by an adult.
- **Children that are not toilet trained must wear a swim diaper.** They can be purchased at the front desk.
- Lap swim time is for adults (14+) only. All lap swimmers must circle swim when more than two patrons per lane.
There is a maximum of 4 swimmers per lane. Youth lap swim is ages 8-14 .
- Children under 8 years old must be accompanied by a parent at the activity pool. In the main pool, children under 8 years old must be accompanied by an adult in the water. No more than 2 children per adult.
- *Family Swim requires that all children under 14 be accompanied by an adult in the water.
- **Non-members who utilize the pool are required to pay a day use fee regardless of participation and/or age.**
- **Lifeguard is in full charge at all times** and may choose to enforce additional rules to maintain safety.

